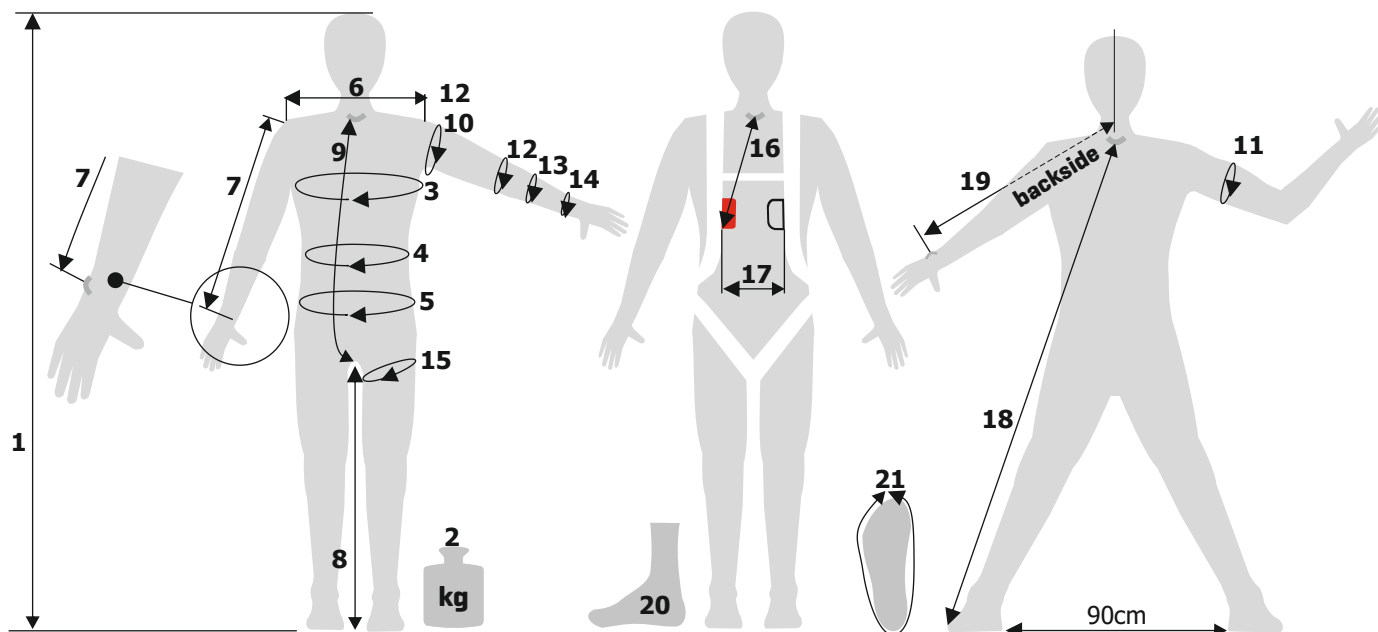




# MEASUREMENT GUIDE



Name \_\_\_\_\_

1	<b>Hight</b>	<input type="text"/>	Hight without your shoes
2	<b>Weight</b>	<input type="text"/>	Kg or lbs
3	<b>Chest</b>	<input type="text"/>	Around the chest, at the nipples
4	<b>Waist</b>	<input type="text"/>	Around the belly at the belly button
5	<b>Hips</b>	<input type="text"/>	Around the waist at belt line
6	<b>Shoulders</b>	<input type="text"/>	From the shoulder tip bone (acromion) to the other shoulder tip bone around the back
7	<b>Arm length</b>	<input type="text"/>	From the shoulder tip bone (acromion) to the wrist bone, extended arm
8	<b>Inseam</b>	<input type="text"/>	<b>with shoes on:</b> from crotch to floor. Use same crotch point for torso measurement
9	<b>Torso</b>	<input type="text"/>	From hole below the throat to the crotch
10	<b>Armpit</b>	<input type="text"/>	Circumference of the armpit at its widest point
11	<b>Bicep</b>	<input type="text"/>	Circumference of the bicep at ist widest point. Flex as picture, relaxed position.
12	<b>Ellbow</b>	<input type="text"/>	Circumference of the ellbow at its widest point
13	<b>Forearm</b>	<input type="text"/>	Circumference of the forearm at its widest point
14	<b>Wrist</b>	<input type="text"/>	Circumference of the wrist at its widest point
15	<b>Thigh</b>	<input type="text"/>	Around the thigh
16	<b>Handles length</b>	<input type="text"/>	Gear up, tighten all straps, measure from the hole below the throat to the bottom of your cutaway/ reserve handle at the main lift webbing (MLW)
17	<b>Handles width</b>	<input type="text"/>	Bottom of cutaway handle to bottom of reserve handle at the main lift webbing (MLW)
18	<b>Suit lenght</b>	<input type="text"/>	Standing with your feet 90cm apart, from base of your throat to the floor at the outside of your foot, <b>with our shoes on</b>
19	<b>Half span</b>	<input type="text"/>	Wrist to mid of cervical spine with arm angle like in picture
20	<b>Shoe size</b>	<input type="text"/>	EU/US
21	<b>Arround Shoe</b>	<input type="text"/>	Circumference around the shoe which you are planning to jump